Mila Parrish Ph.D.

Associate Professor Director of Dance Education University of North Carolina Greensboro College of Visual and Performing Arts milaparrish@uncg.edu

EDUCATION

Academic The Ohio State University. Columbus, Ohio. Ph.D. 2000. Teachers College, Columbia University. New York. M.A. 1997. University of Michigan. Ann Arbor, Michigan. BFA. K-12 Teacher Certification, 1984.

Professional Training

Comprehensive Pilates Teacher Certification with Balanced Body, 2017. Laban/Bartenieff Institute of Movement Studies. NYC, NY. Certified Movement Analyst, 1997. Dance Notation Bureau. NYC, New York. Labanotation I Certification, 1998. Language of Dance Certification. Torrington, Connecticut. Level 1 & 2 Certification, 1998

TEACHING APPOINTMENTS

Associate Professor of Dance. University of North Carolina at Greensboro, Greensboro, NC. 2012. Associate Professor of Dance. University of South Carolina, Columbia, SC. 2008-2012. Assistant Professor of Dance. Arizona State University, Tempe, AZ. 2000-2007. Graduate Teaching Associate. Ohio State University, Columbus, OH. 1998-1999. Graduate Teaching Associate. Columbia University, NYC, NY. 1996-1997.

UNIVERSITY ADMINISTRATION

Director of Dance Education University of North Carolina at Greensboro. 2012- present. Chair Search Committee Dance Education University of North Carolina at Greensboro. 2018-2019. Member Search Committee Dance Technique University of North Carolina at Greensboro. 2016-2017. Member Community Arts Development Committee UNCG. 2016-present. Member Teaching & Learning Commons Committee UNCG. 2015-present. Member University Professional Development Committee UNCG. 2015-present. Member of the Collaborative on Academic Careers in Higher Education UNCG. 2015-2016. Member CPC School of Education University of North Carolina at Greensboro. 2012-present. Member Community Arts Collaborative University of North Carolina at Greensboro. 2015-present. Member Teacher Education Comprehensive Recruitment workgroup UNCG. 2015-2017. Member SMTD New School -Naming Committee UNCG. 2016. Member Search Committee Dance History UNCG. 2012-2013. Member Department of Dance curriculum committee UNCG. 2012-2013. Member Department of Dance PhD. Planning Committee UNCG. 2012-2013. Member SMTD Undergraduate Learning Communities Team UNCG. 2012-2013. Director of Dance Education. University of South Carolina. 2008-2012. Chair of Dance Education. Arizona State University. 2001-2007. Member Instructional Technology Evaluation Team. ASU Appointed. 2001-2002. Member ArtsWork Committee - Arizona State University. 2003-2007.

PROFESSIONAL & ACADEMIC SERVICE, ELECTED POSITIONS, HONORS

2018	Outstanding Dance Educator Award – Higher Education National Dance Education Organization
	The award is given to a stellar dance educator, in higher education, who has had a
	significant impact in their school community and inspires and motivates their students
2018	UNCG Online Award for Excellence in Online Learning – Nomination
	Award for excellence in the developing, supporting, and teaching online courses and
	programs at UNCG.
2017	Director of Research
	National Dance Education Organization Elected
2017	Keynote Speaker
	Dance technology and reflective practice
2016	Professional Teachers Conference DaCi
2016	Provost Faculty Excellence in Research and Creative Activity Award
2016 2017	University of North Carolina Greensboro
2016-2017	Program External Evaluator Pedagogy Specialist
	University of Washington, Seattle Washington
2015	External Program Evaluation BA/MFA Dance Review Dance Program
2015	Keynote Speaker
	The Legacy of Dance in North Carolina
	Artistic and Program Directors from the Beijing Dance Academy, Beijing, China
2015	North Carolina State University
2015	Outstanding Leadership Award National Dance Education Organization
	National Dance Education Organization
	Demonstrated excellence in creating programs, curriculums, or projects that have had a significant impact on the field of dance education. Leadership Award recipients inspire
	and cultivate vision and leadership in others.
2015	-
2015	Awarded Speaker - NDEO
	The Art of Choreography Creating What Works in K-12
2015 2010	Selected by the National Dance Education Organization by student leadership of NDEO President
2015 - 2019	North Carolina Dance Education Association Elected
2014	Keynote Speaker
2014	Utah Dance Education Organization (UDEO)
	Literacy in Action Imagery and Meaning
2014	Chancellors Award
2014	University of North Carolina Greensboro for Dancers Connect community initiatives
2014	Presidential Award Nomination
2014	Nominated for Dancers Connect programs outstanding service to the community
	2013-2014 Dancers Connect program totaling over 1500 hours UNCG student volunteers
2012-present	Board Member- Newsletter Editor Elected
2012 present	Dance and the Child International. (daCi)
	Elected 2004-7, 2012-17, 2018-2021
2012	Advisor of the Year Award
2012	University of South Carolina Leadership and Service Council.
2012	MUNGO Teaching Excellence Award Nomination
	University of South Carolina
2010	Magellan Faculty Mentorship Award Nomination
	University of South Carolina Magellan Faculty Mentorship Award nomination.

2011	South Carolina State Dance Advocacy Award South Carolina Dance Association (SCDA)
	The award is given to a leading advocate for dance education, who has had a significant
	impact in community and inspires others to service.
2012	Selected Advisory Support Staff
2012	National Association of Schools of Dance
2006-2009	Director of Technology Board Member
2000-2009	National Dance Education Organization. Elected.
2006-2007	Board Member
2000-2007	Arizona Dance Education Organization. Elected.
2003-2006	Board Member
2003-2000	National Dance Education Organization. Elected.
2001-2004	Professional Advisory Board
2001-2004	Dance Notation Bureau. Elected.
2010	Citation of Merit
2010	Outstanding achievement and dedication to dance in South Carolina.
	South Carolina Dance Association
2009	Dance Educator of the Year Award (Nomination)
2009	National Dance Education Organization
2008	Keynote Speaker
2000	Citation of Merit
	Keynote Scholar- Dance Research Society of Taiwan Taipei, Taiwan.
2007	Excellence in Dance Education Award
2007	Arizona Dance Education Organization. (AZDEO)
	For outstanding dedication to dance in Arizona
2007	Governor's Award for Leadership in Arts Education (Nomination)
	Award for Leadership in Arts Instruction.
2004-2006	Executive Committee
	Dance Review Program Head.
	K-12 Standards Revision in Dance, Arizona Department of Education.
2005	Conference Proposal Evaluation Committee
	National Dance Association (NDA)
2002-2005	Graduate Faculty Evaluation Committee
	ARTSWORK. Evaluated graduate research in the arts
2005-2007	Board Member-Newsletter Editor
	Dance and the Child International. Elected
2004-2006	Founding Board Member
	Arizona Dance Education Association (AZDEO)
2002-2005	Outstanding Faculty Mentor
	ArtsBridge America ASU Chapter
2003	Outside Evaluator
	National Endowment for the Humanities
2001	Selected Committee Member
	University Mediated Classroom Committee
2003-2006	Arizona Dance Arts Alliance
	National Conference Travel Award
2002	Centennial Professorship (Nomination)
	Association of Students at Arizona State University
2002	External Evaluator - Public Broadcasting Service (PBS). Evaluate PBS websites on
	healthy eating and physical education.
1999	Keynote Speaker
	Citation of Innovation and Excellence in Physical Education.
	Symposium on Instructional Technology. Hong Kong, China

1999 -2000	Graduate Research Assistantship.
	The Ohio State University -Department of Dance.
	Tuition and stipend
1998	Pyne Scholarship
	The Ohio State University - Financial Award for academic achievement
1996 -1997	Clark Scholarship
	Teachers College, Columbia University
	Financial Award for outstanding academic achievement.
1994	Choreography Award
	Williams Center for the Performing Arts.
1993	Outstanding Young Choreographer
	Harkness Foundation, New York.

RESEARCH/CREATIVE ACTIVITY

PUBLICATIONS

Refereed Articles

- Parrish, M. (2016). Toward transformation: Digital tools for online dance pedagogy. Arts Education Policy Review, 117(3), 168-182.
- Parrish, M. (2009). Reaching Rural Communities: Videoconferencing in K-12 Dance Education. Journal for Learning through the Arts, 5(1).
- Parrish, M. (2009). David Dorfman's "Here": A Community-building Approach in Dance Education. Journal of Dance Education. pp. 74-80
- Parrish, M. (2008). Dancing the distance: iDance Arizona videoconferencing reaches rural communities. Research in Dance Education, Vol. 9, No. 2. (June 2008), pp. 187-208.
- Parrish, M. (2007). SPEAK OUT: Dancing into Problem-Based Learning. Journal for Learning in the Arts, 3(1).
- Parrish, M. (2001). Integrating technology into the teaching and learning of dance. Journal for the National Dance Education Organization, 1(1), 20-25.
- Parrish, M. & Mockabee, V. (2001). Process-based dance documentation: Living past the moment of Bebe Miller's Prey. Institute of Electrical and Electronic Engineers (IEEE). Irvine, California. 190-195.

Refereed Book Chapters

- Parrish, M (2014). Ahead in the air: Active Learning Through Aerial Dance: In L. Overby (Ed.) Current Selected Research Volume VIII. New York, AMS Press, Inc.
- Parrish, M (2014). Dancers Connect: Community engagement in the arts: In L. Overby (Ed.) Community Engagement in the Arts. New York, Press, Inc.
- Parrish, M. (2010). Enhancing Accessibility: Interactive Gateway Creating Online Curriculum for Dance Education. In Overby and Lepczyk (Eds), Dance: Current Selected Research, Volume 7. AMS Press, Inc.
- Parrish, M. (2005). Digital Improvisation: Interactive multimedia for dance education. In Overby and Lepczyk (Eds), Dance: Current Selected Research, Volume 5. (pp. 59–79). New York, AMS Press, Inc.
- Parrish, M. (2005). Kinetic Literacy: Motif Writing in K-5 dance education. In Overby and Lepczyk (Eds), Dance: Current Selected Research, Volume 5. (pp. 253 –284). New York, AMS Press, Inc.

Invited Book Chapters

Parrish, M. (2007). Technology in dance education. In L. Bresler (Ed.) International Handbook of Research in Arts Education Springer International Handbooks of Education, Vol. 16. p. 1381-1397. Springer Netherlands.

Selected Articles, Proceedings and Edited Journals

Community Arts. Dance and the Child International Newsletter, Spring 2019 (April 30, 2019) 21 pages.

- Parrish, M. (2019). Advancing Teaching and Learning: Developing Constructivist Worksheets. Dance and the Child International Newsletter, Spring 2019 (April, 30, 2019).
- Leaders and Advocates. Dance and the Child International Newsletter, Spring 2018 (May, 25, 2018) 32 pages.
- Parrish, M. (2018). Engaging Minds Through Creative Play. Dance and the Child International Newsletter, Spring 2018 (May, 25, 2018).
- Community in Praxis. Dance and the Child International Newsletter, Fall 2017 (December, 10, 2017) 32 pages.
- Parrish, M., & Markgraf-Jacobson., A. (2017). The Thinking Teacher: Part 1: Interactive models for dance education. Dance and the Child International Newsletter, Winter 2017 (December, 10, 2017)
- Parrish, M. (2017). Flipped Assessment in the Choreographic Process. Dance and the Child International Newsletter, Winter 2017 (December, 10, 2017).
- Community Practice in Dance Education. Dance and the Child International Newsletter, Spring 2017 (April, 10, 2017) 42 pages.
- Celebrating the Artist Educator. Dance and the Child International Newsletter, Winter 2016 (November, 2016) 36 pages
- Celebrating the Cultural Connections. Dance and the Child International Newsletter, Fall 2015. 29 pages
- Parrish, M. (2015). DaCi Day of Dance Hip Hop for Hope. Research Report. Dance and the Child International
- DaCi in Action Kia Orana. Dance and the Child International Newsletter, Spring 2014. 13 pages
- Forms Unfolding. Dance and the Child International Newsletter, Spring 2013. 15 pages
- Parrish, M. (2008). Visual Idea Generation: Computers in Dance Education. Keynote Address. The Dance Research Society of Taiwan. Taipei, Taiwan.
- Parrish, M (2005). Constructivism in Action: Motif Writing and K-12 Teacher Preparation, Seeing, Doing and Writing Movement," Proceedings of the Motus Humanus conference
- Parrish, M. (2003). Culturally responsive teaching in dance education curriculum (Pulses and Impulses) conference proceedings, Portugal
- Parrish, M. (2003). Moving out of domains and into big ideas (Dance and the Child International) conference proceedings, Brazil.
- Parrish, M. & Lindholm Lane, K. (2003). Interactive Gateway: Happenings in the digital classroom (Dance and the child International) proceedings, Brazil.
- Parrish, M. & Lindholm Lane, K. (2003). Interactive Gateway: Happenings in the Digital Classroom Winter Conference in the Arts.
- Parrish, M. & Walker, J. (2003). Visual Anchoring in Dance. Winter Conference in the Arts.
- Parrish, Mila. (1999). Discover Dance with Technology. Technology in Physical Education Journal [special edition]. Hong Kong Institute of Education: Hong Kong. Keynote address for the 1999 Hong Kong Institute of Education.
- Parrish, Mila. (1999). Discover Dance and The 100 Year Old Shark. International Dance and Technology Conference Proceedings. Tempe, Arizona.
- Parrish, Mila. (1998). Computer Assisted Dance Education: A Tool for Teaching Children Dance New Trends in Dance Education Journal: Lisbon, Portugal.
- Parrish, Mila. (1997). "An Interview with Ann Hutchinson Guest". Teachers College, Columbia University Bulletin. New York.

Media Productions

Interactive Gateway Dan	ce. Parrish, M. (2018).	IG teacher resources,	curricula and process
documentation.	https://www.interactiv	vegatewaydance.com	

- Interactive Gateway. Parrish, M. & Lindholm Lane, K. (2005). Happenings in the Digital classroom. DVD 1. Chair/Pillow. DVD 2. Workshop Processes
- Prey: Process-based Dance Documentation. Mockabee, V. & Parrish, M. & (2002). CDROM and Labanotation Score for the Choreographic work Prey by Bebe Miller Columbus, Ohio. Ohio State University Multimedia Publications

Discover Dance: DVD.

Multimedia for K-12 dance education. Parrish, M. (2000-2005)

Curricula

- Parrish, M. (2018). Interdisciplinary Dance Education. United States Department of Education (USDOE) Professional Development of Arts Educators grant. A four-module online instructional curricula for teachers, administrators and arts specialists working in Guilford County's high poverty schools and targeting under-represented teachers.
- Parrish, M. (2018). Journey into the Sea. The University of North Carolina Greensboro K-12 Dancers Connect.
- Tull, Gabriel and Parrish, M. (2018). Culturally Responsive Practice in Choreography. The University of North Carolina Greensboro K-12 Dancers Connect.
- Isabelle, Collazo and Parrish, M. (2017). The Dazzling Life of Josephine Baker. The University of North Carolina Greensboro- K-12 Dancers Connect.
- Parrish, M. and Coffey, J. (2011). Compassion Dance. The University of South Carolina K-12 Dance Appreciation Program.
- Parrish, M. and Coffey, J. (2011). Moving Literature: Brockman Elementary. The University of South Carolina K-12 Dance Appreciation Program.
- Parrish, M. and Hardy, J. and Enloe, E. (2010). iDance Bullying. The University of South Carolina K-12 Dance Appreciation Program.
- Parrish, M. (2008). Carnival of Animals. The University of South Carolina K-12 Dance Appreciation Program.
- Parrish, M. (2006). Polar Zones Curricula. In the NDEO Standards in Action CD-ROM. National Dance Education Organization.
- Arizona K-12 Dance Education Standards (2006). Executive Committee, Dance Review Program Head.
- Parrish, M. & Lindholm Lane, K. (2005-2018). Interactive Gateway
- Parrish, M. (2004). NYC Channel 13 PBS: BAM An Interactive Physical Education
- Parrish, M., Dimmick, S & Martell K. (2004). Street Moves. AZDEO-NDEO
- Parrish, M. (1999). Moving in through the KINDER Garden
- Parrish, M. & Bashaw, B. (1998). Journey Through the Heart. NDA

Dance Literacy Games

- Parrish, M. (2019). Momentum: Healthy Inner Attitudes by Dance Literacy Games
- Parrish, M. (2018). Positivity: Can change the world by Dance Literacy Games
- Parrish, M. (2017). Moving Stories by Dance Literacy Games
- Parrish, M. (2012). Dance Together by Dance Literacy Games
- Parrish, M. (2009). Twisted Shapes by Dance Literacy Games
- Parrish, M. (2008). Breathe Dance by Literacy Games
- Parrish, M. (2007). No Manifesto by Literacy Games
- Parrish, M. (2007). Dance Quest by Literacy Games
- Parrish, M. (2007). EyeWitness Dance by Dance Literacy Games
- Parrish, M. (2007). EyeWitness Dance Issue Deck by Dance Literacy Games
- Parrish, M. (2007). Moving Inventions by Dance Literacy Games

Parrish, M. (2005). Motif Memory by Dance Literacy Games

Articles About My Research

- Landgrover, Eden. (2018). The Art of Teaching Dance Teachers to Teach. The Carolinian. Fall 2018.
- Dance Movement with Dancers Connect (2015). UNCG Research, Scholarship and Creative Activity The office of Research and Economic Development University of North Carolina Greensboro
- Chancellors Report 2013-2014 Milestones in Cultural Engagement University of North Carolina Greensboro (June, 2014)

http://chancellor.uncg.edu/chancellor report/2014/cultural-engagement.html

- Hines, Michelle (2014). Dance of the Ages. University of North Carolina Greensboro Alumni Magazine. <u>http://ure.uncg.edu/magazine/2014_summer/slideshow_i-dance/</u>
- At the Heart of the Arts: Dancers Connect makes creative expression a given for kids UNCG NOW features (July, 2013). <u>http://newsandfeatures.uncg.edu/dancersconnect</u>
- Marks, Andrea (2013). Teachers in Training Hold Free Community Classes Dance Teacher Now. http://www.dance-teacher.com/2013/02/providing-practiceclassroomsfor-dance-education-students/
- Parrish & students present dance program for kids. UNCG Campus week. (July, 2013) http://ure.uncg.edu/prod/cweekly/2013/07/23/danceprogramforkids/
- Dowell, K. (2009). Hand-Picked. Carolinian, Fall 2009. p.29.
- Howard, R. (2005). Lesson plan: Student teaching with David Dorfman Dance Magazine Vol. 79 Issue 5, Special section p4-6, 2p.
- From Heart to Heart. (1997). Highlights from the Dance and the Child International Conference. Fotnoten 7/97: Sweden. (Swedish Dance Magazine)
- Art éphémère et médias multipes. (1996). Marsyas revue de pédagogie musicale et chorégraphique. (International report on technological developments in dance and dance education).

Websites

- Parrish, M. & Dent, C. (2012). Ballet Stars of NY
- Parrish, M. & Coffey, J. (2011). Compassion Dance https://www.centeredindance.com/compassion
- Parrish, M. & Kasch, C. (2010). Interactive Museum
- Parrish, M. & Enloe, E. (2009). iDance SC
- Parrish, M. (2009). Aerial Dance. https://www.centeredindance.com/aerial
- Parrish, M & Mitchell, M. (2005). Dance and the Child International USA chapter
- Parrish, M. & Lindholm Lane, K. (2004). Interactive Gateway https://www.interactivegatewaydance.com/
- Parrish, M. & Happel, N. (2001). National Dance Education Organization Website

INVITED MASTER CLASS, ARTIST RESIDENCY & WORKSHOPS

March 2019	Guest Teacher Topic: <i>Ab-olicious Dancing: Coaxing and Kicking the Core into Action</i> UNCG School of Dance High School Dance Day. Greensboro, NC
June 2018	Guest Teacher Topic: <i>Motif Writing & Dance Making</i> Mindful Dancing. University of North Carolina, Greensboro
September 2018	Guest Teacher Topic: <i>Assessment and EdTPA</i> Dr. Mila Parrish with Melinda Waegerle. Artistry in Action- PD workshop University of North Carolina, Greensboro
June, 2017	Keynote Address Topic: <i>Flipped dance class technology and assessment</i> Keynote presentation at the Professional Teachers Conference in Provo Utah
June, 2017	Guest Teacher WRITING DANCE: Using dance notation in the choreographic practice American Dance Festival. Raleigh, NC
June, 2017	Guest Teacher - Professional Development workshop Kinetic Literacy
October, 2016	Mindful Dancing Professional Development Conference, Greensboro NC Guest Speaker Topic: Community Arts
October, 2016	Arts Summit Panel Discussion with Jody Kaizen, Janet Allard, Rebecca MacLeod, Mila Parrish and Lee Watson. Greensboro, NC Guest Speaker Topic: Community Based Practice and Inclusiveness
June, 2016	Adam Carlin, Heike Currie, Sheryl Oring, Mila Parrish, Tom Philion, and Lee Walton Greensboro, NC Guest Teacher <i>WRITING DANCE: Using dance notation in the choreographic practice</i>
November, 2014	American Dance Festival Raleigh NC Guest Teacher Imagery and Understanding: Issues in secondary dance education Utab Dance Education Organization Workshop Presentation Prove Utab
November, 2014	Utah Dance Education Organization Workshop Presentation Provo, Utah. Guest Teacher <i>Culturally Responsive Instruction in primary grades</i> Utah Dance Education Organization Workshop
October, 2014	 Provo, Utah. Guest Artist Topic: Practical Assessment and interactive video technology 2-day Guest Artist presentation on K-12 teacher training. Brigham Young University.
July, 2012	Provo, Utah Guest Artist Topic: <i>Kinesthetic literacy and interactive dance games</i> 92nd Street YMCA. Master classes and 5-day workshop
July, 2012	New York City Guest Artist Topic: <i>Dance pedagogy, technology and performance</i> 92nd Street YMCA. Master classes and 5-day intensive training New York City

June, 2012	Guest Artist Topic: Dance Education and Technology
X 1 0 011	10-day workshop University of North Texas Denton, Texas.
July, 2011	Guest Artist Topic: Landmarks & Geographic Tales a Master Educator workshop on interdisciplinary dance instruction
	DaCi Conference: University of North Texas in Denton Texas
July, 2011	Guest Artist
	Topic: MapQuest and following the signs toward creative problem solving in dance education. A master educator workshop on interdisciplinary dance instruction DaCi Conference: University of North Texas in Denton Texas
March, 2010	Guest Artist - Master Class
	Topic: Interactive Dance Technology Brigham Young University Provo, Utah
January, 2010	Professional Development Seminar
-	Topic: Laban Movement Analysis and Literacy in Dance Education. Richland One School District. Columbia, SC
January, 2010	Professional Development Seminar
	Topic: Videoconferencing in Dance Education
	Richland One School District. Columbia, SC
December, 2008	Keynote Speaker
	Topic: Technology & dance new frontiers for training in dance. Dance Research
	Society of Taiwan (DRST) A New Epoch of Dance Education.
December 2008	Taipei Physical Education College, Taiwan.
December, 2008	Guest Speaker – Dance residency Topic: Dance Education and Technology.
	Taipei Physical Education College, Taiwan.
December, 2008	Guest Speaker
Determoer, 2008	Topic: Residency in K-12 Curricular Integration.
	Taipei Physical Education College, Taiwan.
June, 2007	Professional development workshop (5 days)
<i>sulle</i> , 2007	Topic: Video dance technology and technology integration for arts educators.
	Tennessee Dance Education Association.
October, 2005	Guest Artist
	Topic: Video dance technology
	State University New York at Brockport
October, 2005	Guest Lecture
	Topic: Interactive Gateway and process-based dance documentation
	State University New York at Brockport
July, 2005	Professional development workshop (2 day)
	Topic: Interactive video co-taught with Anne Green Gilbert and Bill Evans.
F 1 2005	Dance and the Child international, Philadelphia, PA
February, 2005	Guest Speaker Invited lecture
	Topic: Dance Technology The Ohio State University, Columbus Ohio
February 2005	The Ohio State University, Columbus Ohio Guest Speaker Invited master class
February, 2005	Topic: Interactive Gateway and mediated curriculum.
	The Ohio State University. Columbus Ohio
October, 2004	Pre-conference video workshop
	Topic: Video workshop. Digital Dancing
	National Dance Education Organization, Lancing, Michigan

March, 2004	Guest Artist Residency
	Topic: Dance education and technology
	University of North Carolina Greensboro, NC
January, 2004	Guest Teacher
	Topic: <i>Motif writing: notation systems for movement analysis & performance coaching</i> . University of North Texas - Invited Master Class
November, 2003	Guest Artist - Invited Master Class
	Topic: Interactive Gateway
	Temple University -
January, 2003	Guest Artist - Invited Master Class
	Topic: Dance Technology
	Temple University
January, 2003	Invited Master Class
	Topic: Strategies and Issues when working with Dance Technology
	New York University, Graduate School of Dance Education.
January, 2003	Invited Master Class
	Topic: Career choices in dance
	New York University, Graduate School of Dance Education.
June, 2001	Lecture Demonstration
	Topic: Dance notation and Motif Writing
	Ohio State University, Dance Department Columbus, Ohio
January, 2001	Guest teaching workshop (8 hour)
	Topic: Hands-on workshop on dance technology
	Arizona Dance Arts Association. Phoenix, Arizona

INTERNATIONAL CONFERENCE PRESENTATIONS AT PROFESSIONAL MEETINGS

July 2018	Collect, collide, collaborate, create! Building responsive cultures in the dance
	class DaCi and the Child International Panpapanpalya conference
	Adelaide, Australia - Adjudicated
July 2018	Advocating with our thumbs: BYOD to the dance class
	DaCi and the Child International Panpapanpalya conference
	Adelaide, Australia - Adjudicated
July, 2017	Flipped dance class: Using handheld dance technology
	Dance and the Child International Open Space conference
	Provo, Utah Adjudicated
July, 2017	Blooms New Taxonomy, Critical Thinking and curricular planning
	Dance and the Child International Open Space conference in
	Provo, Utah Adjudicated
July, 2015	Community engagement redefined with Dancers Connect
	Research presentation at the 13th Dance and the Child International World Congress:
	Twist & Twin.
	Copenhagen, Denmark - Adjudicated
July, 2015	Celebrating Critical Thinking- workshop presentation
	13th Dance and the Child International World Congress: Twist & Twin
	Copenhagen, Denmark - Adjudicated
June 2010	Museum Innovations: Dynamic interactive performance environments.
	Athens Institute for Education and Research Conference. International Conference on
	Fine Arts. Athens Greece, (with Cathie Kasch). Adjudicated

August 2009	Technology and teacher training . Dance and the Child International Conference: Cultures flex Unearthing Expressions of the Dancing Child. Kingston, Jamaica. Adjudicated
August 2009	Games in the dance class.
Rugust 2007	Dance and the Child International Conference - Cultures flex: Unearthing Expressions
	of the Dancing Child. Kingston, Jamaica. Adjudicated
January, 2009	Videoconferencing in Dance Education.
January, 2009	International Conference on Arts & Humanities Honolulu, Hawaii. Adjudicated
January, 2009	GAME ON: cooperative body/mind play in school.
January, 2009	International Conference on Arts & Humanities Honolulu, Hawaii. Adjudicated
December, 2008	Visual Idea Generation: Computers in Dance Education.
Determoti, 2008	Keynote Address. The Dance Research Society of Taiwan Annual Conference: A
	New Epoch of Dance Education Taipei, Taiwan
December 2008	The Importance of Play in the Dance Class.
Determoti 2008	The Dance Research Society of Taiwan Annual Conference: A New Epoch of Dance
	Education Taipei, Taiwan
December 2008	Connecting Moves: Teledance in K-8 Dance Education.
Determoti 2008	The Dance Research Society of Taiwan Annual Conference: A New Epoch of Dance
	Education. Taipei, Taiwan
December 2008	Integrating technology in dance instruction.
December 2008	The Dance Research Society of Taiwan Annual Conference: A New Epoch of Dance
	Education. Taipei, Taiwan
December 2008	Constructivism in the classroom.
December, 2008	
	The Dance Research Society of Taiwan Annual Conference: A New Epoch of Dance
May 2007	Education. Taipei, Taiwan.
May, 2007	Connecting Moves: Teledance in K-8 Dance Education .
	Crossing Boundaries: Investigating the nexus of the arts, education and community.
May 2007	Regina, Saskatchewan, Canada. Adjudicated
May 2007	GAME ON: Minds at Play in the Dance Class.
	Crossing Boundaries: Investigating the nexus of the arts, education and community.
July 2006	Regina, Saskatchewan, Canada. Adjudicated
July 2006	Hip Hop dance in contemporary culture.
	Dance and the Child International Conference- Coloring Senses, Moving, Creating,
	Observing Three Dimensions of the Dancing Child: Dance and the Child
	International, The Hague, Netherlands. Adjudicated
July, 2006	Children as Activists in K-12 dance instruction.
	Dance and the Child International Conference- Coloring Senses, Moving, Creating,
	Observing Three Dimensions of the Dancing Child: Dance and the Child
	International, The Hague, Netherlands. (with Lindsey Bauer). Adjudicated
July, 2006	Interactive Gateway.
5,	Dance and the Child International Conference- Coloring Senses, Moving, Creating,
	Observing Three Dimensions of the Dancing Child: Dance and the Child
	International, The Hague, Netherlands. Adjudicated
November, 2005	Curriculum for change: Children as Activists in K-12 dance education
,	Congress on Research in Dance. Dance and Human Rights Joint Conference.
	Québec, Canada. (with Lindsey Bauer). Adjudicated
October, 2003	Culturally responsive teaching in dance education curriculum.
	Pulses and Impulses for Dance in the Community. Almada, Portugal. Adjudicated
July, 2003	Living in the Process.
oury, 2005	International conference on Kinetography Laban (ICKL) Taipei the 23rd Biennial
	Conference of the International Council of Kinetography Laban (ICKL) Beijing,
	China: (with Valarie Mockabee). Adjudicated

August, 2003	Interactive Gateway. Dance and the Child International - Breaking Boundaries: Dances, bodies and
	multiculturalism. Salvador, Bahia, Brazil. (with Kathy Lindholm Lane). Adjudicated
August, 2003	Moving Out of Domains and into Big Ideas.
August, 2005	Dance and the Child International - Breaking Boundaries: Dances, Bodies and
	Multiculturalism. Salvador, Bahia, Brazil. (with Kathy Lindholm Lane). Adjudicated
January 2003	Inside the Process: Dance documentation issues and observations
valiaaly 2000	International conference on Arts and Humanities, Hawaii. Adjudicated
Aug, 2001	Prey: An Innovation in Dance Documentation. Enhanced process-based dance
	instruction from the companion CD-ROM for Labanotation score "Prey"
	International Conference of Kinetography Laban (ICKL) in Columbus Ohio, (with
A 2001	Valarie Mockabee). Adjudicated
Aug, 2001	Motif Writing and Technology for Dance Education. International Conference of
Manal 1000	Kinetography Laban (ICKL) in Columbus Ohio. Adjudicated
March, 1999	Motif Writing in dance education.
	Symposium on Instructional Technology in Physical Education at Hong Kong University, in Hong Kong.
February, 1999	Discover Dance and the 100-Year-Old Shark.
reordary, 1999	Symposium on Instructional Technology in Physical Education. Hong Kong
February, 1999	Technology in the dance education class.
	International Dance and Technology Conference, Tempe Arizona. Adjudicated
February, 1999	Advocacy and Issues in educational technology and copyright
	International Dance and Technology Conference, Tempe Arizona. Adjudicated
February, 1999	Kiosk presentation of Discover Dance CD-ROM
	International Dance and Technology Conference, Tempe Arizona. Adjudicated
July, 1998.	Computer Assisted Dance Education.
	New Trends in Dance Education Conference. Portugal. Adjudicated
July, 1997	Uniting Dance and Curricula: Literacy Comes Alive.
	Dance and the Child International Conference (daCi) Kuopio, Finland. Adjudicated

NATIONAL CONFERENCE PRESENTATIONS AT PROFESSIONAL MEETINGS

RESERVITIO	IS AT TROPESSIONAL MEETINGS
February, 2019	Arts Education and Advocacy– State of the Arts in NC
	Panel presentation: Ragen Carlile, Freddie Lee Heath, Jeremy Tucker and Mila Parrish
	(Panel Chair)
	North Carolina Dance Education Organization Conference: Cultivating Diversity and
	Democracy Through Dance, North Carolina Through Dance. North Carolina State
	University, Raleigh, NC
November 2018	Cultivating Champions: develop leadership skills with technology
	Mila Parrish with Jen Florey and Amy Bramlette
	NDEO Conference: Connections, Knowledge, and Leadership: A new Era in Dance
	Education. San Diego, Ca. Adjudicated
November 2018	Advancing Student Growth and Expanding Knowledge Through a Technological
	Partnership
	Cathie Kasch with Dr. Mila Parrish & Daniel Gwirtzman
	NDEO Conference: Connections, Knowledge, and Leadership: A new Era in Dance
	Education. San Diego, Ca. Adjudicated

Engaging undergraduates in research through DELRdi . Anne Dunkin, Mila Parrish, Susan Gingrasso, Teresa Heiland, Alison Leonard and
Lynnette Overby NDEO Conference: Connections, Knowledge, and Leadership: A new Era in Dance Education. San Diego, Ca. Adjudicated
Creating Student Leaders: Personalization of Assessment and Reflection in Dance
Pedagogy
Mila Parrish with Amy Lang, Katrina Brown and Kelly Abramovich at the NDEO Conference: Connections, Knowledge, and Leadership: A new Era in Dance Education. San Diego, Ca. Adjudicated
Creating Citizen Movers – An inclusive approach to dance pedagogy
Mila Parrish with Lisa Wilder, Janai Fennell, Isabelle Collazo
NCDEO Conference. Cultivating Community: Transforming North
Carolina Through Dance in Charlotte, NC. Adjudicated
Celebrating community: Cultivating collaboration, culture, and identity
amongst students
Mila Parrish with Emily Morgan, Kelly Ozust, Ashley Cartledge, Gabby Peterson. NCDEO Conference. Cultivating Community: Transforming
North Carolina Through Dance in Charlotte, NC. Adjudicated
Limitless, Accessible, and Inclusive: A Laban-based, Universal Design Approach
for Dance Education
Mila Parrish and Marissa Nesbit at the NDEO Conference. Cultivating Equity and
Access Dance Education for All. in San Antonio Texas. Adjudicated
SoWhen are we going to start dancing? An inclusive approach to dance
pedagogy Mile Demish with MA DE Creducte students Army Crean Lengifer Eleney Ketzing
Mila Parrish with MA DE Graduate students Amy Crow, Jennifer Florey, Katrina Brown, Lisa Wilder and Caroline Keys at the NDEO Conference. Cultivating Equity
and Access Dance Education for All Connecting. San Antonio, Texas. Adjudicated
Dance Movement Literacy
Mila Parrish at the ArtsR4Life conference: Rekindle, Reflect, Reconnect, and Renew in
Raleigh, NC by the Public schools of North Carolina. Adjudicated
Illuminating Laban's Elements of Dance Workshop Session Dr. Mila Parrish at the
North Carolina Dance Education Organization Dance Across the State: Engage, Educate and Empower, Greensboro, NC. Adjudicated
NCDEO Advocacy in Dance Education
Mila Parrish, Marissa Nesbit and Beth Fath
North Carolina Dance Education Organization Dance Across the State: Engage, Educate
and Empower. Greensboro, NC.
Adjudicated
Advocating with our thumbs: BYOD to the dance class
Mila Parrish and Amy Lang Crow
National Dance Education Conference. Focus on Dance Education: Speaking with Our
Feet: Advocating, Analyzing, and Advancing Dance Education. in Arlington, VA.
Adjudicated
Community practice and assessment
Mila Parrish with Emily Enloe
National Dance Education Conference. Focus on Dance Education: Speaking with Our
Feet: Advocating, Analyzing, and Advancing Dance Education. in Arlington, VA.
Adjudicated

October, 2016	Music and Dance Curricula Mila Parrish and Amelia Brame National Dance Education Conference. Focus on Dance Education: Speaking with Our Feet: Advocating, Analyzing, and Advancing Dance Education. Arlington, VA.
February, 2016	Adjudicated Moving Forward: North Carolina Dance Education Organization Marissa Nesbit, Mila Parrish and Beth Fath NCDEO Connecting Across Carolina:
October, 2015	Energizing Dance Education. in Greensboro, NC. Adjudicated Before Creating: Tilling the Creative Field with Research. Laura Pettibone with Cathie Kasch, Mila Parrish and Catherine Tharin at the NDEO Conference. Focus on Dance Education: Engaging in the Artistic Processes: Creating,
October, 2015	Performing, Responding, Connecting, Phoenix, Arizona. Adjudicated Interdisciplinary Community Engagement through Dancers Connect Summer Camp Mila Parrish with Danielle Kinne and Joyce Raleigh National Dance Education Conference. Focus on Dance Education: Engaging in the
	Artistic Processes: Creating, Performing, Responding, Connecting, Phoenix AZ. Adjudicated
October, 2015	Smartphones in the studio: Flipped assessment in the choreographic process . Mila Parrish with Co-Presenters Emily Enloe, Cathie Kasch, Erica Locke Seninsky. National Dance Education Conference. Focus on Dance Education: Engaging in the Artistic Processes: Creating, Performing, Responding, Connecting. Phoenix AZ. Adjudicated
October, 2015	Processes: Creating, Performing, Responding, Connecting. Mila Parrish with Cathie Kasch, and Amy Lang and UNCG Graduate Students Jennifer Cheek. National Dance Education Conference. Focus on Dance Education: Engaging in the Artistic Processes: Creating, Performing, Responding, Connecting. Phoenix AZ. Adjudicated
October, 2015	Reaching Synthesis: Artistry and Assessment with Technology Apps Mila Parrish with Co- Presenters Emily Enloe and Erica Seninsky. National Dance Education Conference. Focus on Dance Education: Engaging in the Artistic Processes: Creating, Performing, Responding, Connecting. Phoenix AZ. Adjudicated
October, 2014	Interviewing techniques Invited Panel Presentation for NDEO Student Chapters National Dance Education Conference. Focus on Dance Education: Collaborations: A Mosaic of Possibilities, Chicago, Illinois. Adjudicated
October, 2014	Collect, Collide, Collaborate, Create! Building responsive cultures in the dance class Mila Parrish with UNCG student Anthony-Taylor Davis UNCG Graduate Students Stacey Enart, Leslie Parrin, and Jessica Cadby. National Dance Education Conference. Focus on Dance Education: Collaborations: A Mosaic of Possibilities, Chicago, Illinois. Adjudicated
October, 2013	Celebrating Critical Thinking- Ending the "Shut Up and Dance" cycle National Dance Education Conference. Focus on Dance Education: The Art and Craft of Teaching in Miami, Florida. Adjudicated
October, 2013	Community engagement redefined with Dancers Connect National Dance Education Mila Parrish with UNCG students Anthony-Taylor Davis, Stephanie Davis, Trevor
	Helms and Shelbi Guions National Dance Education Conference. Focus on Dance Education: The Art and Craft of Teaching in Miami, Florida. Adjudicated

October, 2012	Teacher Preparation and Professional Planning : Mila Parrish and Charles McNeal – The Director of Education at the San Francisco Ballet Center for Dance Education Invited Panel for NDEO Student Chapters at the National Dance Education Conference
	in Los Angeles, Ca. Adjudicated
October, 2012	Process, Process, process
	Mila Parrish with USC dance education students Alyson Amato, Laura Smith, Amanda
	Nelson, Lisette Benefield at the National Dance Education Conference in Los Angeles,
0 + 1 2011	Ca. Adjudicated
October, 2011	Collaborative Activist Problem Solving in the Arts: Mila Parrish with USC dance education students Jennifer Coffey, Amanda Nelson,
	Joanna Hardy at the National Dance Education Conference. in Minneapolis, Minnesota.
	Adjudicated
November, 2011	LMA Interdisciplinary Investigations
1.00,0110,011,2011	Dance and the Child International: USC Chapter- Crossing Curricular Boundaries
	Through Dance. University of North Texas at Denton. Denton, Texas. Adjudicated
April, 2010	iDance SC: Linking communities & creating dance through videoconferencing.
-	South Carolina Campus Compact. Columbia, South Carolina.
October, 2010	Museum Innovations: Dynamic interactive performance environments
	National Dance Education Conference. Tempe, Arizona. Adjudicated
October, 2010	Dancing Stories: Literature and Activism in the Dance Class
	National Dance Education Conference. Tempe, Arizona. Adjudicated
January, 2010	iDance: Linking communities and creating dances with videoconferencing
	National Dance Association-Pedagogy Conference: The Learning Circle: How Dance
J	Pedagogy Leads our Practice. Las Cruces, New Mexico. Adjudicated
January, 2010	Fish Fish Got My Wish & Other Dance Making Games.
	National Dance Association-Pedagogy Conference: The Learning Circle: How Dance Pedagogy Leads our Practice. Las Cruces, New Mexico. Adjudicated
June, 2009	Laban at play in the curriculum: Best practice in action.
June, 2007	National Dance Education Conference– Take A Bite of the Apple- Exploring Resources
	to Promote Best Practices. New York, New York. Adjudicated
June, 2009	Teaching dance with technology: a hands-on workshop
,	Mila Parrish and Cathie Kasch
	National Dance Education Conference- Take A Bite of the Apple- Exploring Resources
	to Promote Best Practices. New York, New York. Adjudicated
October, 2009	FISH FISH GOT MY WISH: Laban at play in the curriculum.
	South Carolina Dance Festival. Spartanburg, South Carolina. Adjudicated
October, 2009	1-2-3 Techno-Dance: You Can Do It!
	South Carolina Dance Festival Spartanburg, South Carolina. Adjudicated
June, 2007	Earth First: Dancing Relationships with Our World.
	National Dance Education Organization Conference: Focus on Dance Education:
Nerrowshan 2006	Community Building. Mobile, Alabama. Adjudicated
November, 2006	Crossing Borders in Dance Education Research. Panel Presentation.
	Congress on Research in Dance- Continuing Dance Culture Dialogues: Southwest Borders and Beyond. Tempe, Arizona. Adjudicated
November, 2006	Creating Video Dance.
1000011001, 2000	Congress on Research in Dance-Continuing Dance Culture Dialogues: Southwest
	Borders and Beyond. Tempe, Arizona. Adjudicated
October, 2006	GAME ON: Minds at Play in the Dance Class.
,	National Dance Education Organization Conference. Long Beach, CA. Adjudicated
October, 2006	Connecting Moves: Teledance in K-8 Dance Education.
	National Dance Education Organization Conference. Long Beach, CA. New York.
	Adjudicated

October, 2005 How NDEO is working for you. Selected Panel National Dance Education Organization Conference. Buffalo, New York. Adjudicated October, 2005 High School Dance Education in Arizona - Panel Moderator. National Dance Education Organization Conference. Buffalo, New York. October, 2005 Curriculum for change: Children as Activists in K-12 dance education Mila Parrish with ASU graduate student Lindsey Bauer National Dance Education Organization Conference. Buffalo, New York. Adjudicated October, 2005 Techno, Trance and Jungle: Rave Culture for Dance Educators. Mila Parrish with ASU dance education students Saza Dimmick and Melanie Mitchell National Dance Education Organization Conference. Martish Martinal Conference. October, 2005 Constructivism in Action: Motif Writing for dance. Mila Parrish with ASU dance education students Saza Dimmick and Kelly Martell. National Dance Education Organization Conference. Lansing, MI. Adjudicated October, 2004 Street Moves: Hip Hop curriculum. Mila Parrish with ASU dance education students Saza Dimmick and Kelly Martell. Nalia Parrish with Astio dance education students Saza Dimmick and Kelly Martell. National Dance Education Organization Conference. Lansing, MI. Adjudicated Constructivism in Action: Motif Writing and K-12 teacher preparation. Motif Symp	October, 2005	Evaluating dance in the digital classroom . National Dance Education Organization Conference. Buffalo, New York. Adjudicated
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April, 2003	Visual Anchoring in the dance Mila Parrish with ASU graduate student Jennifer Walker.
	Winter Conference on Arts in Education. Tucson, Arizona. Adjudicated
October, 2002	Motif Writing and curriculum integration.
	Arizona Dance Arts Alliance Tempe, Arizona. Adjudicated
March, 2002	Dance technology and digital video editing.
	Southwest American College Dance Festival. Tempe, Arizona. Adjudicated
March, 2002	Moving Out of Domains and Into Big Ideas.
	National Dance Education Organization. Providence, RI. Adjudicated
November, 2001	The Process of the Process: Digital Dance Documentation.
	Multidisciplinary Technology Arts Conference. Irvine, California. Adjudicated
October, 2001	Issues in dance education and technology.
	Congress on Research in Dance (CORD) in New York City, New York. Adjudicated
April, 2001	Process-Based Dance Documentation: Bebe Miller CD-ROM & Labanotation
	score. At the National Dance Education Organization. Minneapolis, MN. Adjudicated
March, 2001	Moving Megabytes: The integration of technology in the dance curriculum.
	Microcomputers in Education (MCE) Tempe Arizona. Adjudicated
October, 2001	Discover Dance A 2-hour hands workshop
	Dancing with the Mouse Texas-Style National Dance Association conference
	Dallas, Texas. Adjudicated
May, 2000	Dancing Through Kindergarten.
	Mila Parrish and Donna Swaneck
	Ohio Association for the Education of the Young Child in Columbus, Ohio. Adjudicated
July, 2000	Management and planning: The development of instructional technology in dance
	education.
	4-hour workshop Dancing in the Millennium Conference, Washington D.C. Adjudicated
October, 2000	Dance technology for elementary teachers and students
	National Dance Association's Dancing with the Mouse Conference. Rock Hill, SC. Adjudicated
May,1999	Dancing Science: Integrated technology and movement education.
	National Dance Education Organization conference. Cincinnati, OH. Adjudicated
June, 1998	Motif Writing, Laban Movement Analysis and Dance Technology
	The Ohio State University Motif Writing Intensive Course Columbus, Ohio.
	Adjudicated
April, 1998	Computer Assisted Dance Education
	Alliance for Health, Physical Education, Recreation and Dance. Reno, Nevada. Adjudicated
April, 1997	Computers in Dance. Software Development Exposition
ripin, 1997	Columbia University. New York City, New York. Adjudicated
June, 1997	Uniting Dance and Curricula: Literacy Comes Alive.
June, 1997	Mila Parrish and Barbara Bashaw
	National Dance Association Conference. St. Louis, MO. Adjudicated
March, 1997	Integrating Movement and Classroom.
Waren, 1997	American College Dance Festival of the Arts. University Park, PA. Adjudicated
November, 1996	Dance and Curricula: Motif Writing for Physical Educators
	Mila Parrish and Barbara Bashaw
	NYSAHPERD conference. New York, NY. Adjudicated
October, 1996	Dance and Curricula: Motif Writing in the classroom.
, ,	Mila Parrish and Barbara Bashaw
	National Dance Association: Focus on Dance. Minneapolis, MN. Adjudicated
March, 1996	Journey through the Heart.
	Mila Parrish and Barbara Bashaw
	Eastern District AHPERD conference Stamford, Conn. Adjudicated
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November, 1995	Sharing the Common Language of Movement
	Mila Parrish and Barbara Bashaw
	NYSAHPERD conference Syracuse, New York. Adjudicated

FUNDED SCHOLARSHIP

2019	Dancers Connect Interactive: Distributed Dance Using Social Media UNCG Faculty Research with Undergraduate Research	Requested 7,000 Pending
2014 - 2019 ongoing	Dancers Connect Community Dance Program SMTD Support for Arts and Community programs	Awarded 7,500 annually
2019	Cross Training Pilates for Dance Scholarship of Teaching and Learning – UTLC Grant - Advancement of Teaching and Learning	Requested 300 Awarded
2018	Dynamic Alignment and Neuromuscular Facilitation for Dance Education Scholarship of Teaching and Learning – UTLC Grant - Advancement of Teaching and Learning	Requested 500 Awarded
2018-2019	Proprioceptive Neuromuscular Facilitation for Dance Education Pedagogy Research CVPA Deans Faculty research and scholarly activity	Requested 1,200 Awarded 1,000
2018	Bridging Cultures: Windows, bridges and mirrors in the dance class Scholarship of Teaching and Learning – UTLC Grant - Advancement of Teaching and Learning	Requested 500 Awarded
2018	Accessibility, participation, belonging - Community Dance as pedagogy laboratory Scholarship of Teaching and Learning – UTLC Grant - Advancement of Teaching and Learning	Requested 300 Awarded
2018	Critical Response Process Creating dialogues between artists, educators and community Scholarship of Teaching and Learning – UTLC Grant - Advancement of Teaching and Learning	Requested 300 Awarded
2017-2022	The Arts Integration Academy (AIA) USDOE Federal Professional Development for Arts Educators UNCG CVPA and Guilford County Schools	Requested 1.3M Awarded
2017- 2018	Building responsive cultures in the dance class CVPA Deans Faculty research and scholarly activity	Requested 1,500 Awarded 1,000
2017	Advocating with our thumbs Scholarship of Teaching and <i>Learning Travel Grant</i> UNCG- Advancement of Teaching and Learning	Requested 500 Awarded
2017	ArtsBridge America V2 CVPA Dr. Mila Parrish School of dance, Dr. Patti Sink School of Music, Dr. Maria Lim, School of Art, and Joshua Pervis, School of Theater	Requested 10,000 Not Awarded
2017	 Dr. Maria Lim, School of Art, and Joshua Pervis, School of Theater A+ Global Arts Integration Scholarship of Teaching and Learning – UTLC Grant UNCG- Advancement of Teaching and Learning 	Requested 300 Awarded

2017	Until Learning Has No Limit Achieving Equity: Access Diversity Initiatives UTLC Grant UNCG- Advancement of Teaching and Learning	Requested 300 Awarded
2017	Zeroing in on Core Innovative Teaching Strategies UTLC Grant UNCG- Advancement of Teaching and Learning	Requested 300 Awarded
2016-2017	ArtsBridge America V1 UNCG School of Visual and Performing Arts Mila Parrish, PI & Joshua Pervis, UNCG School of Theater	Requested 10,000 Not Awarded
2016-2017	Dance Conditioning for Teachers Eastern Carolina University and NCDEO Dr. Marissa Nesbitt PI, with Dr. Mila Parrish & Beth Fath NCDEO	Awarded: 25,000
2016-2017	Open Space – Handheld Access and reflective practice CPVA Deans Faculty research and scholarly activity	Requested 1,500 Awarded: 1,300
2015 - 2016	iDance: Digital Partnerships & 21st Century Skills in motion UNCG Undergraduate research	Requested 4,000 Awarded 4,000
2015	iDance - Digital Partnerships UNCG New Faculty Research Grant	Requested 5,000 Not Awarded
2014-2015	Connecting Communities: Dancers Connect : SMTD Faculty Research Grant	Requested 1,500 Awarded 1,000
2014 -2015	Interactive Videoconferencing UNCG Faculty Research with Undergraduate Research	Awarded 4,000
2014	Connecting Communities: UNCG Undergraduate Research Grant with Marielle Abbott and Sam Carranza	Requested 2,000 Awarded 2,000
2014	DaCi Day of Dance Dance and the Child International – Greensboro, NC	Awarded 300
2013	Rainbow Etude Community Partnership Community Arts Grant with Penn-Griffin School for the Arts Dance Educator Cheri Stokes	Awarded 500
2012 -2013	iDance Digital Partnerships Interactive Videoconferencing UNCG New Faculty Research Grant	Requested: 5,000 Not Awarded
2012 - 2013	Community Engagement Redefined UNCG Undergraduate Research Grant	Requested: 2,000 Awarded: 2,000
2012	Dancers Connect Community programs SMTD Dean's Grant for Arts and Community programs	Requested: 1,500 Awarded: 1,500
2012-2013	The Green Table: Jooss's dance of death, politics, war, and art in our time. University of South Carolina Provost Research Grants Creative and Performing Arts	Request: 19,328 Awarded: 20,000
2011-2012	Community in Action Theatre and Dance Faculty Creative Endeavor Awards University of South Carolina Deans Award	Request 7,000 Awarded: 7,000
2011-2012	Hip Hop for Humanity- Grant Community Program. USCNDEO University of South Carolina Office of Student Government	Request: 6,000 Awarded: 1,850

2011-2012	Intergenerational Dance:	Request: 6,000
	Reaching, Connecting and Building Community	Awarded: 5,000
	Magellan Research Grant.	
2011 2012	University of South Carolina Office of Student Engagement	D (20.000
2011-2012	iDance Community Performance	Request: 20,000
	University of South Carolina Provost Research Grants	Awarded: 6,275
2010 2011	Creative and Performing Arts	D
2010-2011	Moving Inventions Dance Service Grant	Request: 5,000
2010	University of South Carolina Deans Award	Awarded: 5,000
2010	Creating and performing build digital neighborhood in dance with iDanceSC	Request: 5,000 Awarded: 5,000
	University of South Carolina Art Institute Grant	Awalueu. 5,000
2010	Re-Mix Hip Hop	Request: 6,000
2010	Community Program. USCNDEO	Awarded: 4,300
	University of South Carolina Office of Student Government	Awarucu. 4,500
2010	Wii Dance Service Learning in the Schools	Request: 10,000.00
2010	University of South Carolina	Not Awarded
	Promising Investigator Research Award	i tot i i warded
2010	Interactive Performance: Visual Culture in Dance	Request: 6,000
2010	Magellan Research Grant	Awarded: 5,500
	USC Office of Student Engagement	110 al abai 5,500
2009-2010	Collaboration, responsibility & interactive problem solving with	Request: 20,000
	iDance SC videoconferencing	Not Awarded
	Research Grant University of South Carolina	
	USC Arts and Humanities Grants Program	
2010	Crossing Boundaries in Dance	Request: 3,000
	Magellan Research Grant	Awarded: 2,500
	USC Office of Student Engagement	
2010	Re-Mix Hip Hop workshop	Requested: 1,850
	Community Program. USCNDEO	Awarded: 1,850
	University of South Carolina Office of Student Government	
2009	Back to the Future-	Requested 5,000
	Community Curriculum Partnership Research Grant	Awarded: 5,000
	University of South Carolina Art Institute Grant	
2009	iDance South Carolina	Requested: 6,000
	Magellan Research Grant	Awarded: 6,000
	University of South Carolina Office of Student Engagement	
2008	Wii DANCE	Awarded 3,500
	Service Learning Research Grant	
• • • • •	University of South Carolina the Office of Student Engagement.	
2006	Jeff Rebudal Dance Residency	Awarded: 600
2005 2000	ASU Dance Education Guest Artist Residency	1 1 1 1 500
2005-2008	Kyrene Arts and Academic Enrichment	Awarded: 11,500
	Kyrene Monte Vista Community Programs Grant	
	Develop and implement year-round programming for academic and	
2005	artistic enrichment. Preserving and Creating Access to Historical Documents in	Requested: 255 000
2003	Preserving and Creating Access to Historical Documents in Dance Arts Education-	Requested: 355,000 Not Awarded
	National Endowment for the Humanities	not Awalued
	Dance Preservation Grant	

	Project MASTERWORKS	Awarded: 900.000
2005-2008	U.S. Department of Education Research Grant.	
	Project MASTERWORKS- Designed to provide high-quality	
	professional development to Phoenix, Arizona arts educators in	
	assessment of student performance and achievement within a	
	standards-based arts education program.	
2005-2008	AZ Creates-	Requested: 825,000
	U.S. Department of Education Research Grant	Not Awarded
	Designed to systemically improve and enhance arts education	
	programs by creating an online professional learning community of	
	arts educators.	
2005-2006	iDance Arizona-	Awarded: 4,500
	Community Research Grant	,
	ASU ArtsBridge America Grant	
2004-2006	CISE RI: An Interdisciplinary Research Environment for	Awarded: 1.4M
	Motion Analysis:	
	Place: Vision, and Voice program. Research to support early	
	development of a PVV Narrative Play Space. One of fourteen	
	participating investigators on a grant totaling \$1.4 M. over 3 years	
2003-2004	Meaning is Fluid Grant-	Awarded: 8,000
	Arizona Commission for the Arts	
2003-2004	Evaluating Dance in the Digital Classroom	Awarded: 7,000
	ASU Herberger Research Grant	
2002-2003	Community Connections: research grant investigating	Requested:
	interactive learning through immersive performance technology	1,500,000
	National Science Foundation (NSF) Institute of Studies in the Arts	Not Awarded
	(ISA) Grant received excellent evaluation, a site visit and was in the	
	top five for funding.	
2002-2003	Mediated curriculum in dance and culture	Requested: 15,000
	ASU Herberger Research Grant	Not Awarded
	Research, testing and professional development of HS teachers using	
	the Interactive Gateway website and curriculum package.	
2002	Yvonne Rainer documentation and website ARTSWORK	Requested: 12,000
	Research in the development and implementation of interactive	Awarded: 12,000
	web site for Yvonne Rainer.	
2001	Teaching Enrichment Grant for dance technology Research	Requested: 13,000
	Grant Herberger College of Fine Arts	Awarded: 13,000
2001	SWIPT	Requested: 7,100
	Research Grant Tempe Arts Grant	Not Awarded
2001	Process-Based Dance Documentation-	Awarded: 6,700
	Research Grant ASU Herberger	

CHOREOGRAPHY, PERFORMANCES & RECONSTRUCTIONS

Parsons Etude (2017-2018)

Choreographer: David Parsons Music: Tony Powell Dancers: Brooke Barnes, Kahlila Brown, Sydney Chatt, Katherine Damman, Kaykeel Dillard, Bre Forbes, Juliana Gagliano, Brittany Good, Sarah Grace Johnston Restager: Emily Enloe Restaged at UNCG and ECU Rehearsal Directors: Dr. Mila Parrish and Dr. Marissa Nesbit Work Performed: NCDEO Collage Dance Showcase, Northwest High School for the Arts Collaborative performative research project with East Carolina University.

Kinesphere A & B (2016)

Choreography and Dancers: Mila Parrish with performers.

Music: "The Plan" by Bear McCreary, "Aenema" by the Vitamin String Quartet, "Ex Machina - OST" by Bunsen Burner, "Exurgency" by Zoë Keating, "Optimist" by Zoë Keating, "Near Light" by Ólafur Arnalds, & "Perpetual Emotion" by Roselily Drehz

Performed at the UNCG Kinesphere Concert March 18 and November, 2016

Kintsukuroi (2016)

Choreography by: Mila Parrish and Carey Barnette, Amira Karim, Benjamin Newnam, Chandra Pulliam, Taylor Roberson, Victoria Steadman, Emily Zyczkiewicz.

Music: Zoë Keating

The work Kintsukuroi is inspired by collage artist and illustrator Takahiro Kimura's college work, Broken Faces, and Kintsukuroi, the ceramic process of repairing pottery using gold or silver lacquer to mend the broken parts, understanding that the pottery is more beautiful for being broken.

Work Performed: UNCG-DanceED Connections Concert, Davie High School, East Middlebrook Middle School, Washington Montessori.

Set Reset (2016)

Music: The Intro by The X's

Choreography by: Mila Parrish and Carey Barnette, Amira Karim, Benjamin Newnam, Chandra Pulliam, Taylor Roberson, Victoria Steadman, Emily Zyczkiewicz.

Work Performed: UNCG-DanceED Connections Concert, Davie High School, East Middlebrook Middle School, Washington Montessori.

Drawing Near (2016)

Music: The Path by Zoe Keating Choreography Mila Parrish, Emily Zyczkiewicz and Chandra Pulliam In Drawing Near we show the different ways that people work together to create a supportive and nurturing relationship. Performed: UNCG-DanceED Connections Concert, Davie High School, East Middlebrook Middle School, Washington Montessori.

Parsons Etude (2015)

Music: Tony Powell Dancers: Katherine Allison, Francine Brantley, Caitlyn Holzer, Zudareon Jordan, Nicole Labbe, Hannah Long, Haley Marcin, Benjamin Newnam, Taylor Roberson, Nia Sadler, Kaitlyn Shelton, Victoria Steadman. Choreographer: David Parsons Restager: Emily Enloe Restaged at UNCG 2015 Rehearsal Directors: Dr. Mila Parrish, Nicole Labbe and Hannah Long Work Performed: UNCG-DanceED Connections Concert, Davie High School, East Middlebrook Middle School, Washington Montessori

Buschasche Etude (2015)

Music: Traditional Congolese
Dancers: Francine Brantley, Caitlyn Holzer, Zudareon Jordan, Nicole Labbe, Hannah Long, Haley
Marcin, Benjamin Newnam, Taylor Roberson, Tara Rooks, Nia Sadler, Kaitlyn Shelton and Victoria
Steadman.
Choreographer: Pearl Primus (1919-1994)
Coaching and Staging: Diane B. McGhee Valle
Restaged at UNCG 2015
Costumes by Milla Wilkes-Davis on loan from the USC Department of Theatre and Dance
Prop Construction: Joseph Fern, Eric Morris and Christopher Fleming
Rehearsal Directors: Mila Parrish, Nia Sadler, and Haley Marcin
Work Performed: UNCG-DanceED Connections Concert, Davie High School, East Middlebrook Middle
School, Washington Montessori.

Strut! (2015)

Music: "Intoxicated" by Martin Solveig Dancers: Katherine Allison, Francine Brantley, Caitlyn Holzer, Zudareon Jordan, Nicole Labbe, Hannah Long, Haley Marcin, Benjamin Newnam, Taylor Roberson, Nia Sadler, Kaitlyn Shelton and Victoria Steadman. Choreographer: Emily Enloe

Rehearsal Directors: Dr. Mila Parrish, Katherine Allison & Francine Brantley Work Performed: UNCG-DanceED Connections Concert, Davie High School, East Middlebrook Middle School, Washington Montessori.

Rainbow Etude (2014).

Choreographer: Donald McKale Coaching and Staging: Diane B. McGhee Valle Rehearsal Directors: Dr. Mila Parrish and Kerrie Jean King Reconstruction Performed University of North Carolina Greensboro

On the Freedom Trail: Harriet Tubman and the Underground Railroad (2014)

Choreography by Kanica North and Mila Parrish Adjudicated performance. DaCi National Gathering in Seattle, Washington.

Rainbow Etude (2013)

Choreographer: Donald McKale Coaching and Staging: Diane B. McGhee Valle Rehearsal Directors: Dr. Mila Parrish and Cherri Stokes Reconstruction Performed University of North Carolina Greensboro Collaborative performative research project with Penn Griffin School of the Arts.

Rainbow Etude (2012).

Choreographer: Donald McKale Coaching and Staging: Diane B. McGhee Valle Rehearsal Directors: Dr. Mila Parrish Reconstruction Performed University of South Carolina.

Parsons Etude. (2011)

Choreographer: David Parsons. Coaching and Staging: Diane B. McGhee Valle Rehearsal Director: Dr. Mila Parrish Reconstruction Performed at the South Carolina Association of Health Physical Education, Recreation and Dance Conference. Adjudicated Concert.

Parsons Etude. (2010).

Choreographer: David Parsons. Reconstruction Performed University of South Carolina. Coaching and Staging: Diane B. McGhee Valle Rehearsal Director: Dr. Mila Parrish

Parsons Etude. (2009-2010).

Choreographer: David Parsons. Rehearsal Directors: Dr. Mila Parrish and Katie Hilliger Adjudicated reconstruction performed at the Richland One High School Dance Festival, SC.

Chair/Pillow. (2004)

Choreographer: Yvonne Rainer. Adjudicated reconstruction performed at the American College Dance Festival, AZ. Rehearsal Director: Dr. Mila Parrish

Chair/Pillow. (2003).

Choreographer: Yvonne Rainer. Adjudicated reconstruction performed at ASU and the NDEO annual conference in New Mexico. Rehearsal Director: Dr. Mila Parrish *Brain and Jennifer.* (2001-2002). Choreographer: Vicky Shick. Adjudicated reconstruction performed at ASU Concert Project and Rehearsal Director: Dr. Mila Parrish

COMMUNITY RESIDENCIES

Instruction in the community

2013-present	Dancers Connect - The University of North Carolina Greensboro
-	Program Director and Lead Teacher
2015	Dancers Connect – COOL MOVES - A Summer 2-week residency program
	supporting instruction in dance. The University of North Carolina Greensboro
	Program Director and Lead Teacher
2014	Dancers Connect – COOL MOVES - Summer 2-week residency program
	supporting instruction in dance. The University of North Carolina Greensboro
	Program Director and Lead Teacher
2011-2012	Brockman Elementary – A year-long residency program supporting
	interdisciplinary dance instruction in elementary school.
2010-2012	Dancers Connect - A year-long community program supporting instruction in
	dance. Funded by USC Department of Dance
2009-2010	Parsons Etude - Richland One High School Honors Dance Company and School
	University of South Carolina Dance Education. A residency program supporting
	the reconstruction of David Parsons Etude.
2010	Aerial Dance - Roundtop Elementary School. A program in Aerial dance for
	second – fifth graders.
2009-2010	iDance South Carolina - AC Flora High School. A yearlong program in dance
	instruction using live and videoconferenced classes.
2008	Talking dance – University of South Carolina Child Development and Research
	Center. Year-long program to provide creative dance instruction to children three –
	five years old.
2006-2008	Dancing Stories - Program in movement and literature
2005-2007.	Masterpiece Art Program - Kyrene Monte Vista Elementary School
2005	Culture, Art and Community- Hamilton Elementary School. After school residency
	in dance, art, music and mathematics

2005-2007.	iDance Arizona - Eloy Elementary and Middle School. A two-year program in dance instruction using live and videoconferenced classes.
2002-2004.	Peace Program -Keystone Montessori. Integrative arts and dance Montessori residency
2001-2002.	Digital Expressions - Desert Vista HS. Student mentoring through interactive video and Multimedia
2001	Dance Education Laboratory 11-week integrated technology partnership residency with Herrera School Elementary and Middle School dance classes. Phoenix, Arizona
2001	TECNODANCE - Peoria school district. Inquiry-based integrated technology residency with grades 3-5 gifted
2000	Interactive CD-ROMs for dance . An 8-week technology workshop for 4-5th grade students in Columbus, Ohio.

COMMUNITY PERFORMANCES – iDANCE COMPANY (2013-2016)

- 4/2016 Davie High School, Monksville, NC
- 4/2016 East Millbrook Middle, Raleigh NC
- 4/2016 Washington Elementary Greensboro, NC 28301
- 4/2016 Wellspring Senior Center, Greensboro, NC
- 4/2015 Jessie Wharton Elementary School, Greensboro, NC
- 3/2015 Reid Ross Classical School Fayetteville, NC 28301
- 2/2015 Fayetteville Street Elementary School, Durham SC
- 12/2014 Wellspring Senior Center, Greensboro, NC
- 11/2014 East Millbrook Middle, Raleigh NC
- 4/2014 White Oak Elementary School, Cape Carteret, NC
- 2/2014 Jessie Wharton Elementary School, Greensboro, NC
- 3/2013 Wellspring Senior Center, Greensboro, NC
- 11/2013 Irving Park Elementary, Greensboro, NC

COMMUNITY PERFORMANCES – (2013-2019)

Dancers Connect community concert

- 5/2019 Kids Create Up in the Air
- 12/2018 Kids Create Journey into the sea
- 5/2018 Kids Create Up in the Air
- 12/2017 Kids Create Folktales, Songs and Dancing Stories
- 5/2017 Kids Create Dancing Stories
- 12/2016 Kids Create Sustainability
- 5/2016 Kids Create Earth in Motion
- 12/2015 Kids Create Where kids come to create
- 5/2015 Kids Create Where kids come to create
- 12/2014 Kids Create Where kids come to create
- 5/2014 Kids Create Where kids come to create
- 12/2013 Kids Create Where kids come to create
- 5/2013 Kids Create Where kids come to create

CURATION AND DIRECTION OF PROFESSIONAL DEVELOPMENT WORKSHOPS

June, 2019	Artistic Luminance 3-day professional development workshop with Will Evans in Greensboro, North
	Carolina
June, 2019	Mindful Dancing
,	3-day professional development workshop with Renay Aumiller, E.E. Balcos, Connie McCoy, and Mila Parrish in Greensboro, North Carolina
June, 2018	Mindful Dancing
	2-day professional development workshop with Renay Aumiller, Diane McGhee, Michelle Pearson, and Mila Parrish in Greensboro, North Carolina
June, 2017	Mindful Dancing – 2-day Professional Development workshop: Faculty: Sayward Grimsley, Robin Gee, Betsy Ward Hutchenson, Mila Parrish
June, 2017	Summer Somatics Week-long professional development workshop Martha Eddy
0 1 0010	Greensboro, North Carolina
October, 2016	Developmental workshops with Margot Faught and Mary Harding Professional development workshop with Margot Faught and Mary Harding for UNCG alumni and MADE students given at the NDEO conference
	Arlington, VA
June, 2016	Summer Somatics
	Week-long professional development workshop Martha Eddy Greensboro, North Carolina
October, 2015	Developmental workshop with Anne Green Gilbert
	Professional development workshop with master teacher Anne Green Gilbert for UNCG alumni and MADE students given at the NDEO conference
January, 2014	Phoenix, AZ DaCi Day of Dance Hip Hop for Hope
January, 2014	Professional Development Workshop with Saza Dimmick
	Greensboro, North Carolina.
January, 2014	Rainbow Masterwork
<i>builduily</i> , 2011	Professional Development Workshop with Diane McGhee
	Greensboro, North Carolina.
February, 2013	Evolving Dance through Connectivity:
5,	Professional Development Workshop with Bill Evans.
	Greensboro, North Carolina.
April, 2012	Evolving Dance through Connectivity:
	Professional Development Workshop with Bill Evans.
	Columbia, South Carolina.
April, 2012	Hip Hop for Hope
	A community Workshop for USC students, dance teachers and students.
	Proceeds went to Harvest Hope a local food bank and Feed My Starving Children an international relief organization Columbia, South Carolina.
February, 2012	Embodied History II: Rainbow Etude Dance Reconstruction:
	Professional development workshop with Diane McGhee,
	Columbia, South Carolina.
November, 2011	Movement of Inspired Minds:
	A Workshop for middle school students and teachers
	Columbia, SC.
November, 2011	Embodied History I: Rainbow Etude Dance Reconstruction:
	Professional Development Workshop with Diane McGhee, Columbia, SC.

April, 2011	JAZZ IT UP Professional development jazz workshop for USC students, dance teachers and high school students. Columbia, South Carolina.
January, 2010	Parsons Etude Professional Development Workshop with Diane McGhee Columbia, South Carolina.
October, 2010	Re- Mix Hip Hop Dance Explosion II. Hip-hop workshop for USC students, dance teachers and high school students. Columbia, South Carolina.
May, 2010	Re-Mix Hip Hop Dance Explosion I. Hip-hop workshop for USC students, dance teachers and high school students. Columbia, South Carolina.
November, 2009	Musical Theatre A Professional Development Workshop with Cindy Flack Columbia, South Carolina.
November, 2004	Art appreciation in the public schools Professional Development workshop Kyrene Monte Vista Elementary School Phoenix, Arizona.
March, 2004	ARTSBRIDGE Interactive Gateway Community workshop Tempe, Arizona
February, 2004	Dance Rejuvenation Arizona Dance Arts Alliance workshop Phoenix, Arizona
April, 2004	Strategies for Classroom Management in Dance. A Professional Development Workshop Phoenix, Arizona
February, 2004	Interactive Gateway Telematics Teacher Workshops - Arizona High School Dance Day. Phoenix, Arizona

MEMBERSHIP

2015-present	North Carolina Dance Education Organization (NCDEO)
1995-present	Dance and the Child International (daCi). Member
2000-present	National Dance Education Organization NDEO
2001-2005	International Council of Kinetography Laban (ICKL). Member
2000-2011	Congress on Research in Dance (CORD). Member
1994-2000	National Dance Association (NDA). Member
2008-2012	South Carolina Dance Association (SCDA) Member
2008-2012 2011-present	SCAAHPERD member NASD member

EDITORSHIPS AND EDITORIAL BOARD MEMBERSHIPS

Dance and the Child International -Newsletter Editor - Board Member. 2012-2017, 2018-2021 Journal for Dance Education - Publication Review. 2010-2018 Journal for Learning in the Arts -Editorial Board Member Publication Review. 2006-2012 Dance and the Child international -Newsletter Editor -Board Member. 2004-2007.

PROFESSIONAL DANCE TRAINING

Modern	Limon: Risa Steinberg, Carla Maxwell Muller: Jennifer Muller, Angie Wolf, Christopher Philafian Horton - Lewitzky: Joy Kellman Paul Sansardo: Mary Ward Graham: Jean Erdman, Nancy Allison, Richard Arve Cunningham - Susan Matheke, Willie Furer Isadora Duncan technique and repertory: Anabelle Gamson Repertory, technique, theory and composition workshops with: Paul Taylor, Lar Lubovitch, Bill T. Jones, Mel Wong, Gus Solomon, Doug Varone, Pilobolus, Eric Hawkins, Martin Kravits, June Finch, Sara Rudner, Dan Wagoner, Nikolais/ Louis, David Dorfman and Molissa Fenley.
Ballet	Early training: Ruth Page School in Chicago University Training: Christopher Flynn, Gay Delanghe Professional Training in NYC: Cindi Green, Cynthia Babat Teacher Training Royal Academy of Dance pre-primary - grade 7
Jazz	Early training: Joel Hall, Gus Giordano, in Chicago. Professional training in NYC: Lynn Simonson and Laurie DeVito
Choreography & Improvisation	Professional training and coursework: William Evans, MaryAnn LaJoie, Shirley Mordine, Gay Delanghe, Claire Porter, and Janet Justis
Dance therapy	Professional training and coursework: Jane Ganet-Seigal.
Laban Analysis	Bill Evans, Martha Eddy, Claire Porter, Jackie Hand-Vagario, Janis Pforscich, Linda Nutter, and Mary Socia.
Labanotation Motif Writing	Ann Hutchinson-Guest, Lucy Venable, Sheila Marion, Valerie Mockabee, and Ann Kipling Brown.
Language of Dance	Ann Hutchinson-Guest and Tina Curran
Pilates Training	 Romana Kryzanowska: NYC - Initial pilates training Balanced Body certification courses (2014-2017): Mat 1&2, Pilates Reformer 1, 2 & 3, Anatomy, Tower/Cadillac, Chair, Barrels and small apparatus with Melissa Kakavas, Kellee Stokes, Anna Jones, Erin Johnson, and Casey Herdt Osteoporosis & Scoliosis Unraveled with Chantill Lopez (4/2017) Fearless Extension and Spinal Integration with Chantill Lopez (4/2017) Fascia targeted dynamic neurocognitive imagery for releasing tension and enhancing flexibility in lumbar spine and pelvis with Eric Franklin (10/2017) Actively Living in the Now Pilates based programs for the Elderly with Irene Dowd (2018) Balanced Body Barre certification course (2018) Art of Cuing Eric Franklin (2018) A Functional & Experiential Study of The Body with Chantel Lopez (2018-2019).
Other training	UNCG Public Speaking and Media Training 2016